

IAAF-/WMA- Best Master of the Year 2009

Rita Hanscom



Photo: Dieter Tisch

Country	 United States of America (USA)
Year of Birth	1954
Age Group	W 55
Place of Residence	San Diego (USA)
Club	Southern California Striders
Athletic since	2001

Favorite Discipline

Combined Events (Heptathlon, Decathlon)

More Disciplines

Pole Vault, Hurdles, Long Jump, High Jump

Bests in 2009

World Record in Heptathlon 6382 Points
World Champion in 80 m Hurdles Outdoor 13.89 s
World Champion in 300 m Hurdles 53.25 s
World Champion in Long Jump Outdoors 4.55 m
World Champion in Pole Vault 2.70 m
World Champion in Heptathlon 6382 Points

Additional Awards

2007 USATF Masters Female Age-Group Athlete of the Year
2008 USATF Masters Female Age-Group Athlete of the Year
2009 USATF (federation) Outstanding Masters Athlete of the Year
2009 Amateur Star of the Year, San Diego Hall of Champions
2009 USATF Athlete of the Week (on federation web site)

Hobbies

Surfing, Playing Piano and Ukulele



Photo: Don Kohlbauer, Union-Tribune