



Normunds Ivzans (M45), LAT – Men's #2 Race Walks

What does this award mean to you: Target for young athletes it is Olympic Games, for masters – to be the best in WMA and EMA Championships. For me is sport all my life: being among athletes, being in movement. It is the highest award for me, for my invested work. I'm very, very positive impressed.

What were your highlights of 2017: It was my success in World Masters Championship and European Masters Championship!! And first of all my highlights are following: all three my children are in official National team of Latvia!

What else, other than Athletics, do you do: I do everything what are doing my three children: Football, Tennis, Athletics. There are no free weekends, because all the time are games or competitions!

What are your hobbies: My hobby is fishing, when I don't have training's or competitions! For example, I have a record in fishing in Latvia's fourth biggest lake (Lake Burtnieku), I have caught the heaviest pike there – 17,6 kg. It was in 2012. I like nature and of course – athletics!

What did / do you for a living: I'm responsible (in my job) for purchasing processes of milk in concern "Preilu Siers". And of course – my family, children!

Where did you grow up: My childhood was spent in Latvia's countryside – Pustinka, district of Rezekne. My parents were all the time in job, therefore I was all the time with my grand-mama!

Where did you go to school: My first school was elementary school in Galeni and high school in Murjani – sports school.

What else is interesting about you: I'm really love sweets! I like cooking. I'm always happy to welcome guests to my home!