

WMA HEPTATHLON RECORDS - WOMEN (updated 02 January 2023)
(Scored with the WMA 2023 Age Factors)

Age			<i>Tot Pts</i>	hurdles	high jump	shot put	200	long jump	javelin	800m	Date	Location
37	Sabine Braun	GER	6622	13.58 -0.3 1052	1.80 1016	14.56 4kg 867	24.69 -0.1 915	6.5 +1.9 1072	51.23 600gm 907	2:23.24 793	10/08/02	München, GER
40	Sonia Del Prete	FRA	5706	11.84 +0.0 1056	1.63 903	10.75 4kg 661	27.09 +0.0 752	5.60 -0.8 880	34.75 600gm 653	2:28.14 801	05/06/10	Tours, FRA
48	Tatjana Schilling	GER	5856	12.34 +0.1 1044	1.60 978	10.86 4kg 733	27.05 -1.4 845	5.26 +0.6 868	31.06 600gm 644	2:38.83 744	08/09/19	Venice, ITA
50	Barbara Gähling	GER	6164	13.23 +2.5 976	1.52 966	13.67 3kg 893	27.99 +1.1 859	4.44 +0.2 677	36.05 500gm 775	2:27.26 968	05/08/15	Lyon, FRA
57	Barbara Gähling	GER	6282	13.28 -0.3 1046	1.50 1054	12.31 3kg 874	28.81 +1.5 888	4.21 -1.3 688	32.22 500gm 770	2:34.42 962	03/07/22	Tampere, FIN
60	Rosa Escribano	ESP	5815	13.97 +1.4 1027	1.37 966	9.86 3kg 750	31.21 +1.5 802	4.36 +0.4 856	23.94 500gm 622	2:56.96 792	21/07/19	Cambrils, ESP
65	Weia Reinboud	NED	5603	15.93 +0.8 854	1.40 1132	8.12 3kg 669	34.73 +2.2 661	3.68 +0.0 677	27.45 500gm 832	3:07.40 778	31/05/15	Stendal, GER
70	Carol Davis	AUS	5444	16.98 -1.6 835	1.14 783	6.55 3kg 588	32.96 +0.0 884	3.68 +0.3 789	19.96 500gm 666	3:05.52 899	07/02/21	Brisbane, AUS
75	Riet Jonkers-Slegers	NED	5436	17.73 +0.1 891	1.12 855	8.49 2kg 725	35.32 +0.3 834	3.24 +1.5 694	15.31 400gm 501	3:12.73 936	02/06/19	Stendal, GER
82	Irene Obera	USA	4142	18.96 +2.0 943	1.00 736	6.29 2kg 592	39.84 +3.5 680	2.77 -3.6 592	9.76 400gm 345	5:03.74 254	29/10/16	Perth, AUS
85	Christa Bortignon	CAN	3631	0.0 +0.0 0	0.95 747	6.00 2kg 670	40.20 +0.3 830	3.03 +0.0 940	10.20 400gm 444	0 0	28/08/22	Surrey, CAN